

GLOBAL ADVENTURE MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Chicken Gyros 93162890 Mediterranean Bulghar Wheat 93165325 Oregano Roasted Vegetables 93165324	THAI Thai Beef and Coconut Curry 93165368 Beggars Noodles 93131282 Peas 93065563	BRITISH Creamy Chicken Cobbler 93165400 Creamed Potatoes 93095567 Broccoli 93143358	MEXICAN Chicken and Bean Chilli 93165391 Wholegrain Rice * 93109633 Lightly Spiced Sweetcorn with Lime 93143075	BRITISH Home-made Battered Fish Fillet 93105116 Chips 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Beef Burger 93129200	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941 <i>Served with</i> Garlic Bread* 93154277	DEEP SOUTH DINER BBQ Pulled Beef Brisket 93162912	WINGS & THINGS New York Hot Dog 93142777	DEEP SOUTH DINER Texas BBQ Chicken 93131191
	Louisiana Bean Pot 93159955	Mac 'N' Cheese 93127228	Piri Piri Halloumi Bun 93165523	Crispy Topped Sweet Potato Crumble 93165395	Feta and Potato Frittata 93162900
	Chipotle Potato Wedges 93163112		Paprika Potato Wedges 93157066	Baked Garlic & Herb Potato Wedges 93157067	Lemon Rice 93165328
	Coleslaw 93076060	Cucumber and Green Bean Salad 93165326	Corn on the Cob 93130897	Apple Slaw 93129265	Sweetcorn 93094208
SPEEDY ITALIAN	Veggie Supreme Pizza (v) 93135569	Cajun Chicken Sizzler Pizza 93128496	Hawaiian Pizza 93128494	Bacon Pizza 93041401	Veggie Hot One Pizza (v) 93128498
	Veg Bolognese Pasta (v) 93102889	Arrabiata Pasta (v) 93147953	Chunky Vegetable Pasta 93137661	Herby Tomato Pasta (v) 93147954	Beef Bolognaise 93102799
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

*Wholegrain ***Oily Fish (V) Vegetarian

GLOBAL ADVENTURE MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	MEDITERRANEAN Turkey and Mozzarella Bake 93165402 Paprika Roasted Cauliflower 93165388	CHINESE Garlic and Soy Chicken 93165339 Wholegrain Rice * 93109633 Wok Tossed Oriental Vegetables 93130848	BRITISH Crispy Topped Beef Cumberland Pie 93165348 Thyme Potato 93165522 Carrots 93065561	JAPANESE Teriyaki Chicken thigh 93128109 Japanese Noodles 93163113 Pickled Cucumber Salad 93128253	BRITISH Home-made Battered Fish Fillet 93105116 Chips 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Beef Barbecoa Burrito 93165389 Sweet Potato & Squash Casserole 93101314 <i>Served with</i> Paprika Potato Wedges 93157066	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941 <i>Served with</i> Garlic and Herb Bread* 93154277 Mac 'N' Cheese 93127228	DEEP SOUTH DINER Creamy Fish Pasta Bake *** 93162896 Corn, Black Eye Bean and Feta Soft Taco 93162914 <i>Served with</i> Jewelled Rice 93165323	WINGS & THINGS Maple and Mustard Glazed Chicken Melt 93165404 Smoky Cauliflower Cheese 93156770 Baked Garlic & Herb Potato Wedges 93157067 Apple Slaw 93129265	DEEP SOUTH DINER Piri Piri Pulled Pork Burger 93162908 <i>Served with</i> Cajun Potato Wedges 93157065 Smoky Bean and Corn Topped Wedges 93165335 Coleslaw 93076060
SPEEDY ITALIAN	3 Cheese Sicilian Pizza (v) 93135631	Bacon Pizza 93041401	Veggie Supreme Pizza (v) 93135569	Veggie Hot One Pizza (v) 93128498	Sicilian Cheese & Tomato Pizza (V) 93137894
	Arrabiata Pasta (v) 93147953	Herby Tomato Pasta (v) 93147954	BBQ Chicken Pasta* 93147137	Beef Bolognese 93102799	Italian Chicken Pasta 93147955
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

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GLOBAL ADVENTURE MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	CHINESE Asian Turkey Noodles 93165346 Green Beans 93153275	MEDITERRANEAN Greek Pork Wrap 93165386 Paprika Potato Wedges 93157066 Carrot and Orange Salad 93165364	CARIBBEAN Jerk Stewed Beef 93165331 Grains and Greens 93165329 Broccoli 93143358	INDIAN Chicken Tikka Masala 93128001 Wholegrain Rice * 93109633 Cucumber Raita 93142255	BRITISH Home-made Battered Fish Fillet 93105116 Chips 93124814 Baked Beans 93162619 OR Peas 93065563
HIGH STREET FAVES	DEEP SOUTH DINER Bagel Cheeseburger 93165390 Served with Baked Garlic & Herb Potato Wedges 93157067	WINGS & THINGS Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco 93130941	DEEP SOUTH DINER BBQ Chicken Mac "N" Cheese 93162906	WINGS & THINGS Cajun Pulled Pork & Bean Pitta 93147141	DEEP SOUTH DINER Chicken, Brown Rice and Beans * 93165393
	Cajun Halloumi and Pineapple Rice Bowl 93165337	Feta and Chickpea Cake with Salsa 93086621	Cajun Vegetable Burrito 93148008	Cauliflower and Creamed Corn Bake 93130867	Mac 'N' Cheese 93127228
		Mexican Yellow Rice * 93156761		Fajita Potato Wedges 93163193	
	Radish, Pea and Leaf Salad 93165396	Roasted Vegetables 93042664	Crunchy Salad 93142224	Southern Greens 93154278	Crunchy Raw Slaw 93162913
SPEEDY ITALIAN	Veggie Hot One Pizza (v) 93128498	3 Cheese Sicilian Pizza (v) 93135631	Mushroom & Sweetcorn Pizza (v) 93147170	Sicilian Cheese & Tomato Pizza (V) 93137894	Neapolitan Chicken Pizza 93128497
	Neapolitan Beany Pasta 93153362	Beef Bolognese 93102799	Cheesy Penne Pasta (v) 93143814	Carbonara Pasta 93137662	Herby Tomato Pasta (v) 93147954
	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388	Margherita Pizza (v) 93041388

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